

# Externalizing the Internality

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# Behavioral Economics

- People are time inconsistent
  - Might over borrow
  - Might undersave
  - Might “overweight” small hassle costs in decisions
    - FAFSA forms
- Attention is limited
  - Shrouded attributes
  - Reminders (or failures to remind) matter

How should policy respond?

# Deeper Question

- How will the market respond to these biases?

# Market Reaction to Bias

Outcome	Behavioral Assumption	Examples
Cater/Exploit	Naive about bias  <b>Maximize “decision utility”</b>	DellaVigna/Malmendier (2004) - Gyms Gabaix/Labison – Shrouded Attributes Ellison (2005) - Obfuscation Mullainathan/Shleifer – Media bias Lee and Malmendier (2011) Heidaus and Koszegi (2011) – Credit cards
Help Debias	Consumers demand/value debiasing  <b>Decision utility includes demand for debiasing</b>	Laibson (1998) – Savings Ashraf, Karlan and Yin – commitment savings Karlan and Zinman – commitment to quit smoking Glaeser (2003) Kaur, Kremer and Mullainathan – self control at work

# An Interesting 'Bias'

- Diabetes serious disease
- Broad consensus of how to treat
  - Insulin to control- pills and injections
  - Highly effective
- Yet adherence rates very low (65%)
  - Sporadic adherence (take some, not others)
  - Severely increases complication risk (Sokol et al. 2005)

# Non-adherence Bias

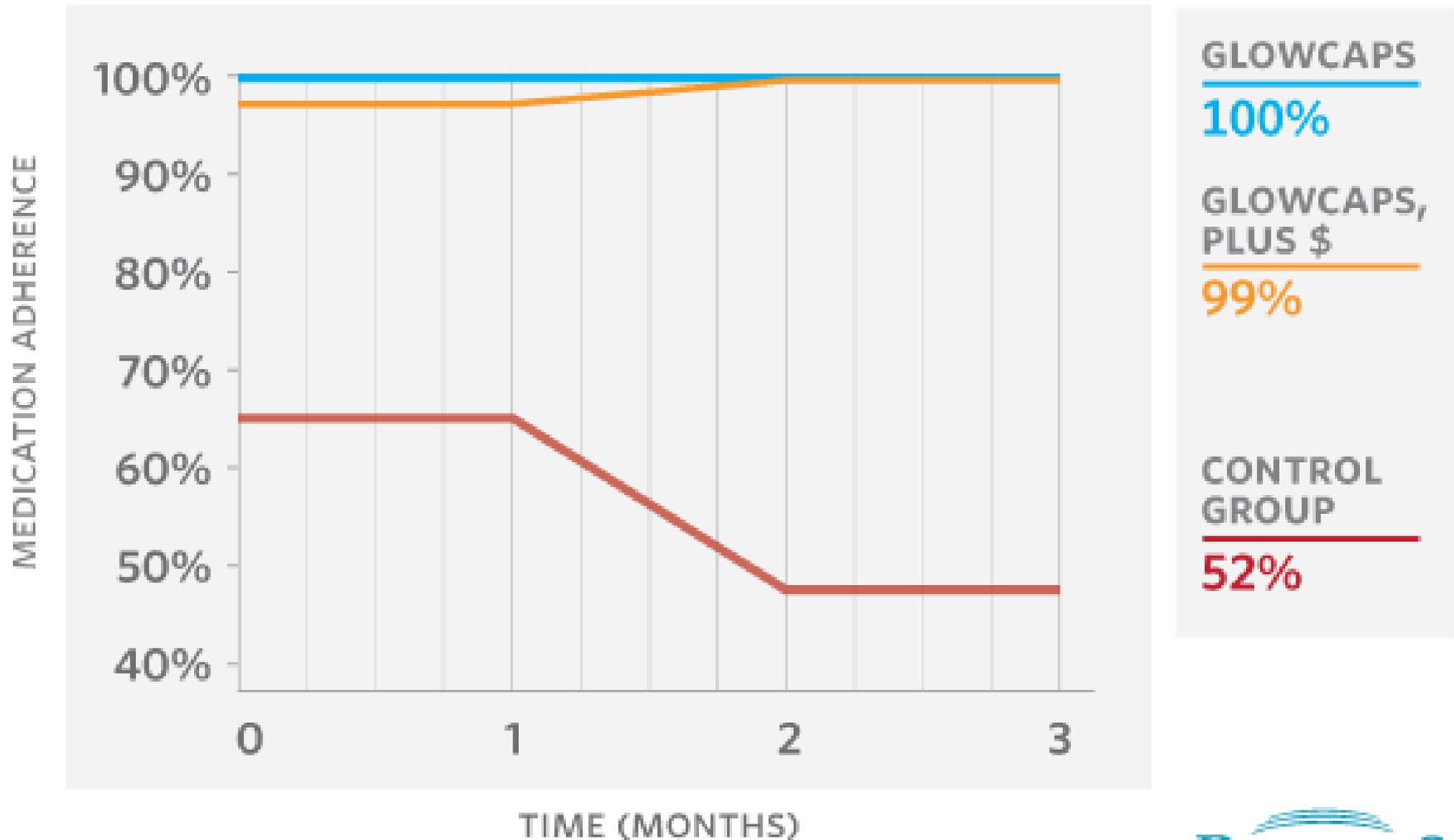
Drug	Benefits	Adherence Rates
Statins	Reduce all cause mortality (Relative Risk .90), cardiovascular disease mortality (RR .8), fatal myocardial infarction (RR.82), non-fatal MI (RR.74), and strokes (RR .86)	Adherence < 70%
Beta-blockers	Reduce mortality by 25% post heart attack	Adherence < 70%
Anti-asthmatics	Reduced Hospital Admissions (OR .58). Improvement in airflow obstruction (OR .43)	Adherence < 50%
Glucose control	Decrease of cardiovascular mortality (OR .74); risk of hospitalization halved	Adherence < 65%
Immunosuppressants	Reduction in the risk of organ rejection seven-fold	Adherence < 66-75%

**GlowCaps™**  
**light and sound**  
remind you to take your  
prescriptions every day



# GLWCAP RESEARCH RESULTS

PERCENT OF ADHERENT\* PARTICIPANTS IN EACH GROUP



Slightly misleading: adherence = > 25 days of month

# Market Reaction to Bias

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Debias	Consumers demand/value debiasing  <b>Decision utility includes demand for debiasing</b>	Laibson (1998) – Savings Ashraf, Karlan and Yin – commitment savings Karlan and Zinman – commitment to quit smoking Glaeser (2003) Kaur, Kremer and Mullainathan – self control at work

# Demand for Glowcaps

Market Outcome	Behavioral Assumption	Who would demand Glowcaps
Cater/Exploit	Naiive about bias  <b>Maximize “decision utility”</b>	No one?
Debias	Consumers demand/value debiasing  <b>Decision utility includes demand for debiasing</b>	Consumers

# Actual Demand for Glowcaps

- Large employers with health plans
- Medicare
- Pharmacy industry
- Why?

# Externalizing the Internality

- Internality felt by the individual
  - Failure to adhere
- A third party also feels some consequences
  - Non-adherence drives up future health costs
  - Non-adherence drives down demand for drugs
- This market situation *externalizes* the internality
- Independent profit motive to affect the internality

# A Broader Framework

- Consumer makes choice  $L$  (buy treadmill?)
  - True benefit depends on type  $y$  (how much will I use?)
  - Utility  $u(L,y)$
- Consumer mistake:
  - Act as if benefit is type  $y'$  (I'll use a lot!)
  - Optimizes utility  $u(L,y')$  instead of  $u(L,y)$
  - So instead of choosing  $L^*(y)$  he would like  $L^*(y')$
- Tension between *stated value* and *true value*

# Catering –

## Internality not Externalized

Firms care only about  $Y$ , not  $y$

$L^*(y')$

$u(L^*(y')) - u(L^*(y))$

Direct Surplus

Internality

Value treadmill

Unused treadmill

Treadmill seller

profits do not additionally  
depend on this

# Catering

- Market doesn't differentiate between  $y$  and  $y'$ 
  - True value vs willingness to pay
- No incentive to second guess your value
- Will not sort/screen on true value ( $y$ ).

# Exploit the bias –

## Internality Positively Externalized

Firms care about  $y$  in the wrong direction

$$L^*(y')$$

Direct Surplus

Sign up for gym  
(front loaded cost)

$$u(L^*(y')) - u(L^*(y))$$

Internality

Unused gym membership

Gym profits  
higher if gym  
used *less*

# Market Exploitation

- Market cares about true value
  - But makes more money the bigger the externality
- The market is not neutral about the bias but will exaggerate it if it can
- *Notice difference between catering and exploitation*

# Market Discipline- Internality Negatively Externalized

Firms care about  $y$

$L^*(y')$

$u(L^*(y')) - u(L^*(y))$

Direct Surplus

Internality

Take medication

Health consequences

Some insurer  
profits depend  
on health  
consequences

# Market Discipline

- Market now cares about true value as well
  - Do not just set copay and let whoever wants to take medication take it
  - Interested in ensuring that high (health) return individuals take the medication
- Undertake activities to reduce internality  $y - y'$

# Deeper Insights

- Can conceptualize behavioral biases as internality
- Creates a new policy lever
  - Externalize the internality
  - Pigouvian Behavioral Economics

# Overview of Talk

- One example in detail
- Briefly sketch a few other illustrative examples

# Two caveats about this talk

- Will not spend time...
  - Defending that there is a bias
- Will not spend time...
  - On the welfare problem (Bernheim and Rangel 2009)
- Both important but beyond today's scope

Useful Expenditure  
No cash

1

Get income  $y$

2

Bank can lend

Person can repay  
Psychic costs of default

# Lending Market

- Bank can provide a loan  $L$  at rate  $r$ 
  - Credit is uncollateralized.
- Borrower incentives to repay modeled as non-monetary costs of default
  - Future cost of credit record
  - Harassment costs

- Utility if he borrows  $L$  and repays  $l$

$$L + \delta[u(y - l) - \max\{d(L(1 + r) - l), 0\}]$$

# First Best

- Enough credit to equalize marginal utility of spending tomorrow with marginal utility of the durable

$$\delta(1+r)u'(y-L) = 1$$

- Some simplifications for today:
  - $\delta=1, r=R=0$  (without loss of generality)
  - $u(x) = \ln(x)$
- First best is now:

$$L = y - 1$$

# Market Outcome

- Competitive firms (zero-profit condition)

$$\max_{L,l} L + u(y - l)$$

Borrower  
Utility

*s.t.*

$$l = \arg \max_{0 \leq l \leq L} u(y - l) - d(L - l)$$

$$l = L$$

Zero Profit  
Constraint

Repayment  
constraint

# Repayment incentives

- Utility

$$\ln(y - l) - d(L - l)$$

- First order condition for log utility:

$$\frac{1}{l - y} = -d$$

$$l = y - \frac{1}{d}$$

# Market Outcome

- Competitive firms

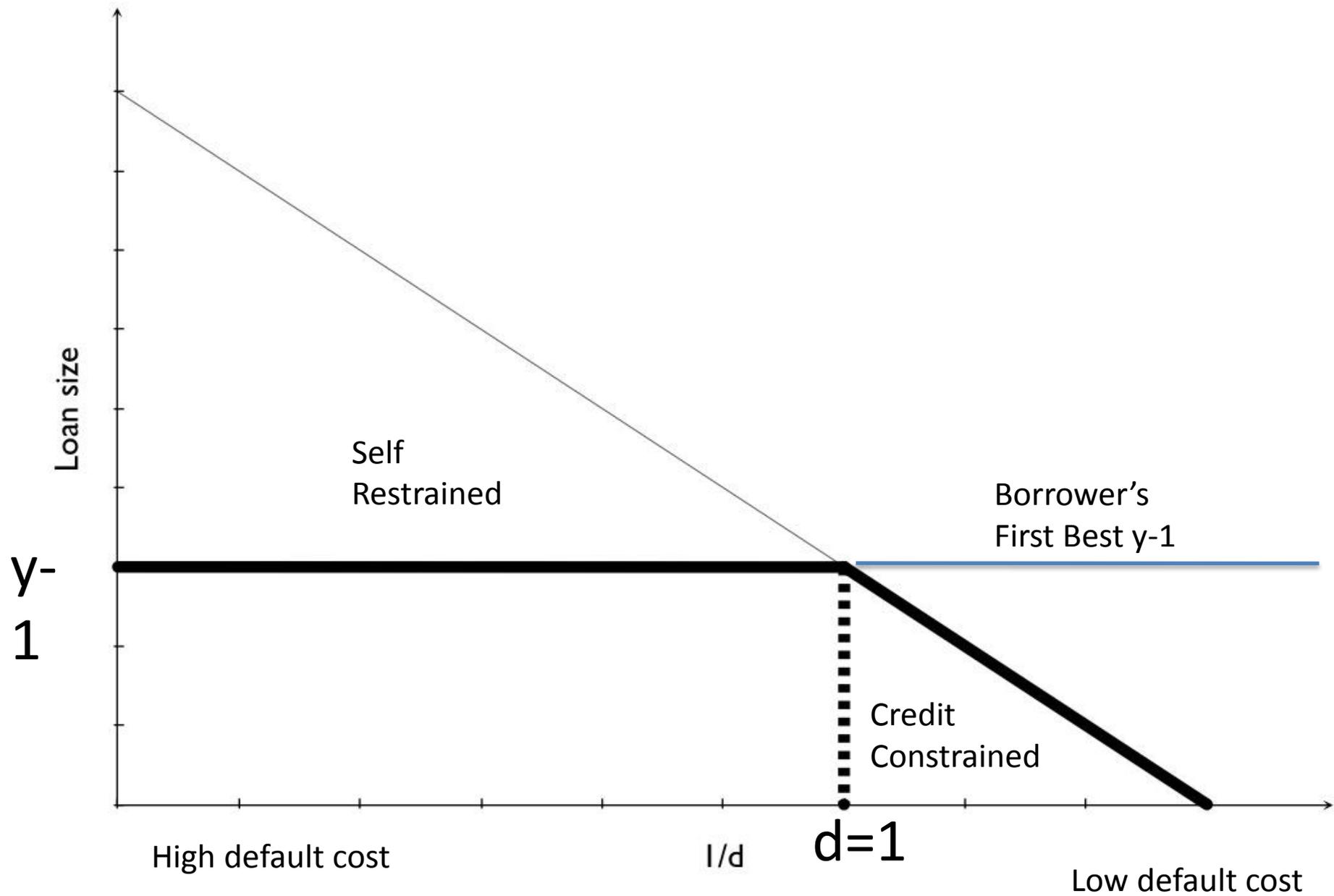
$$\max_L L + \ln(y - l)$$

*s.t.*

$$L \leq y - \frac{1}{d}$$

# Rational Borrowers

- First best:
  - Borrower gets  $y - 1$
- Realized outcome
  - Borrower only allowed to borrow  $y - 1/d$
  - Borrower takes  $\min\{y-1, y-1/d\}$
- Standard moral hazard credit market failure
  - Obvious implication: increases in  $d$  (weakly) increases welfare
  - **The more difficult to default on credit the better**



# Behavioral Bias

- Borrowers borrow as if income is higher tomorrow than it is
  - Overconfidence
  - Misunderstanding terms of credit
  - Impulsivity
- Consumers act as if they will earn  $Y > y$

# Firm's Problem

- Competitive firms (zero-profit condition)

$$\max_{L,l} L + u(Y - l)$$

*s.t.*

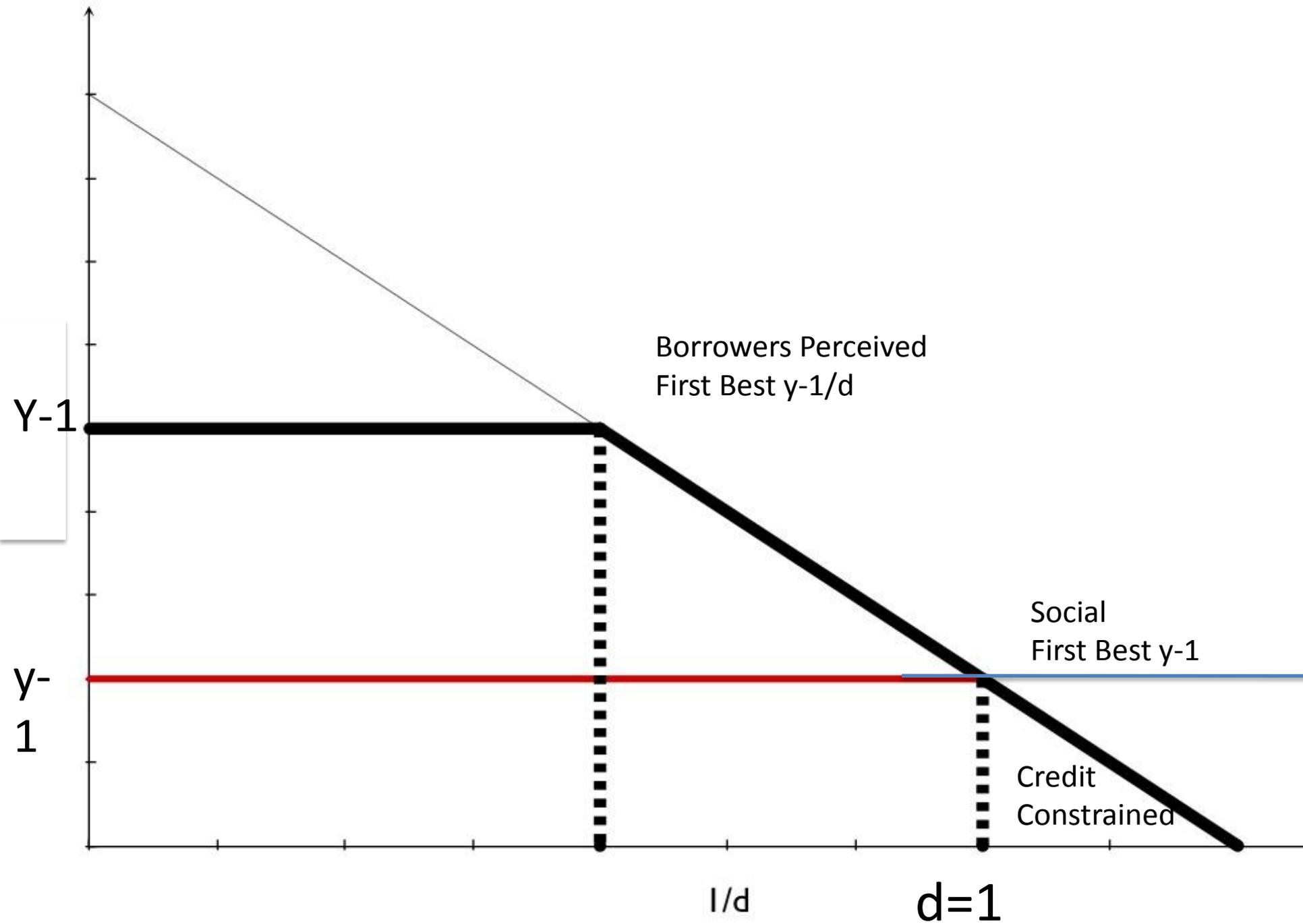
$$l \leq y - \frac{1}{d}$$

Perceived income

Actual income

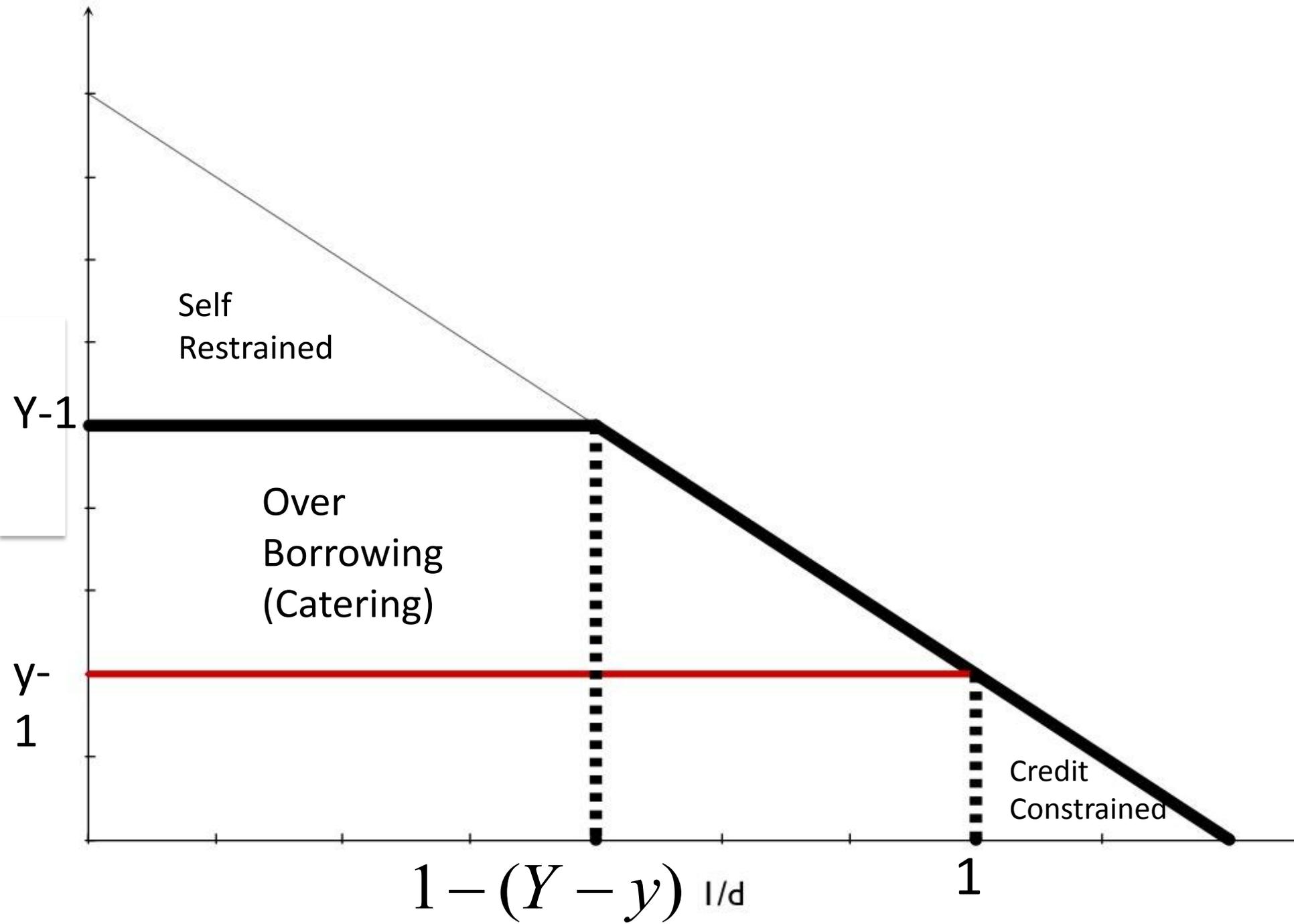
# Outcome

- First best
  - Borrower borrows  $y - 1$
- Realized outcome
  - Borrower only allowed to borrow  $y-1/d$
  - Borrower takes  $\min\{Y-1, y-1/d\}$ 
    - Note: Rational borrower only takes  $\min\{y-1, y-1/d\}$



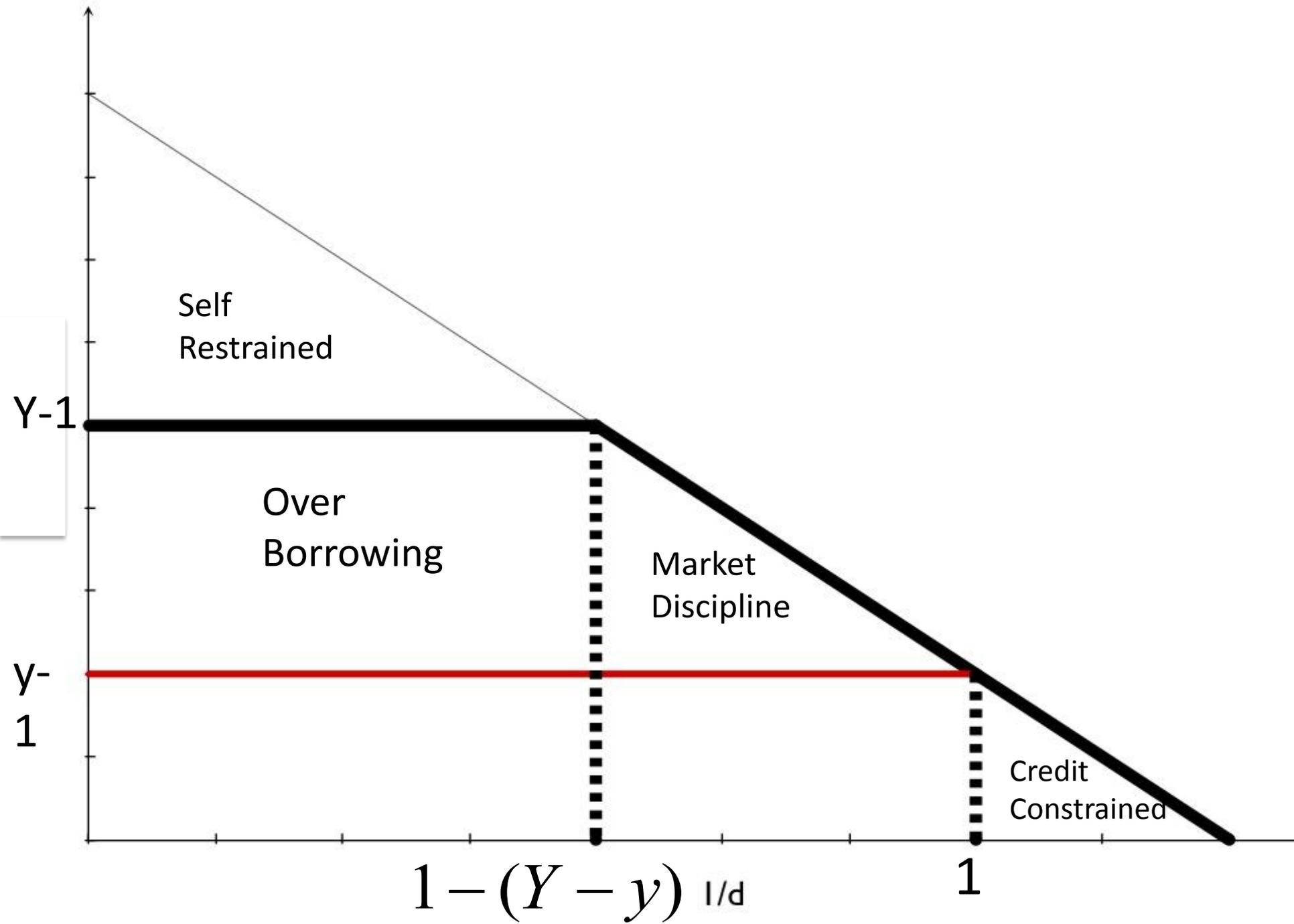
# Credit constraint

- When  $d < 1$ :
  - Borrower still borrows less than first best  $L < y-1$
- Same as before:
  - Low psychic cost of default also produces inefficient low credit access



# Catering

- When  $d > 1/(1-(Y-y))$ :
  - Borrower allowed to borrow up to  $Y-1$
- Will therefore over-borrow
  
- This is the usual idea that markets cater to the bias of individuals.
- If the person wants to borrow foolishly, the market will happily lend it as long as they can repay
  - *NOTE: Not exploitation.* Market is no more interested in increasing bias than in increasing loan demand



# New Result:

## Market discipline

- When  $1 < d < 1/(1-(Y-y))$ 
  - Market provides some discipline
  - The borrower gets a loan smaller than how he would spend his own cash  $L < Y-1$
- Moreover notice that as cost of default  $d$  diminishes...
  - The over-borrowing goes down
  - At one point the borrower is at the first best ( $d=1$ )

# Market Discipline

$$\frac{\partial U^*}{\partial d} < 0 \quad \text{for } 1 < d < \frac{1}{1 - (Y - y)}$$

- When  $d$  high repayment ability independent of  $y$ 
  - Lender's profits independent of mis-forecast
- For modest  $d$  repayment ability depends on  $y$ 
  - Lender now
- Scrutiny of repayment ability can help to reduce consumer biases
- **The more difficult to default on credit the worse**

# Some observations

## 1. Internality not fully externalized

- Pay until  $u'(y-l) = d$
- Overborrowing felt partly in default but partly in under-consumption tomorrow.
- This internality not felt by lender
- $d=1$  is coincidental knife edge case

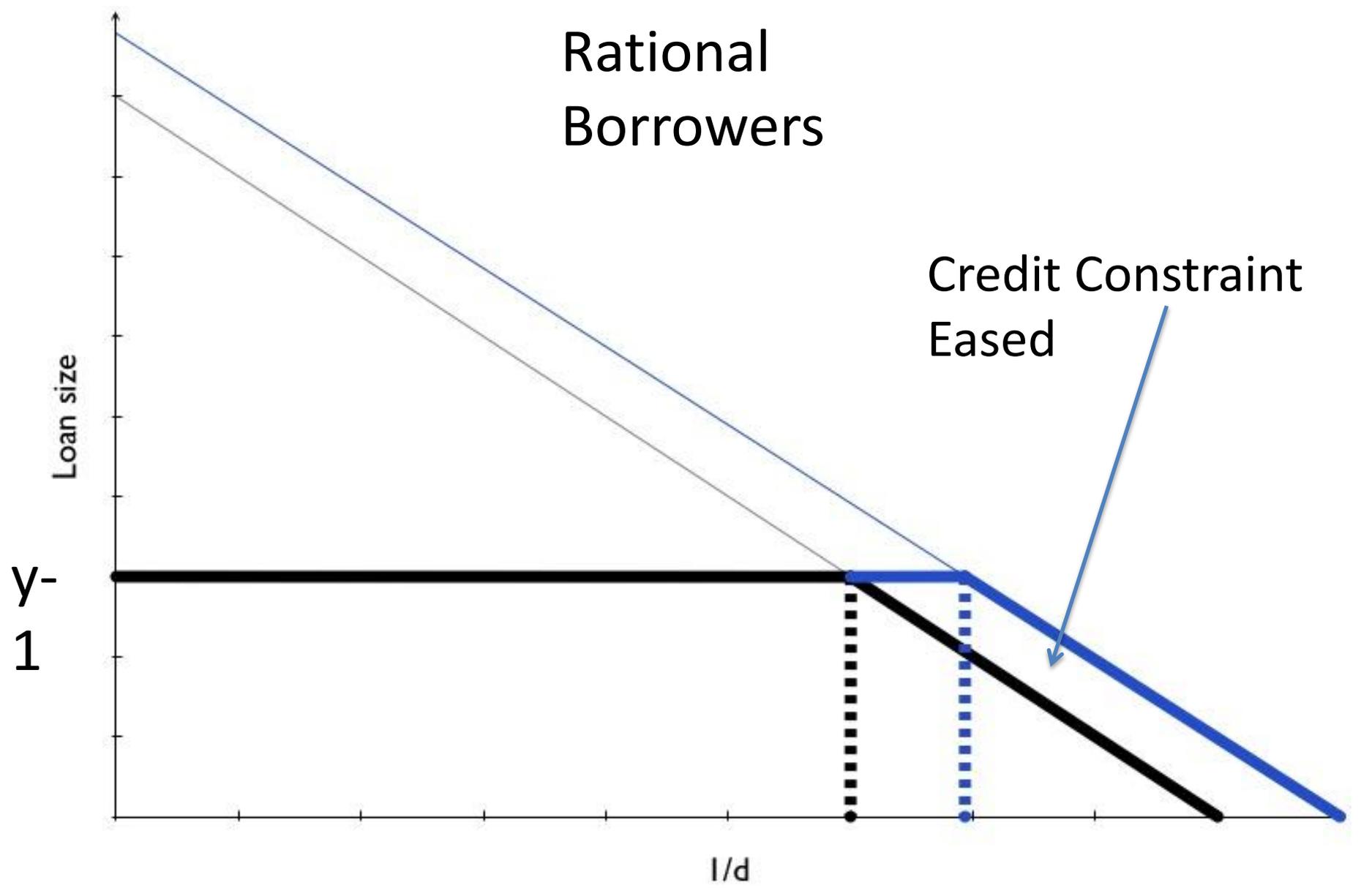
## 2. Catering case is special case

- Only when transactions are narrow.
- Where there is little or externalization of internality
  - Gyms, Hotels (shrouded attributes),

# Securitization

- Suppose that the originator of the loan is not fully incentivized
- Richer model would include three party contracting – owner of loan, originator and borrower
  - Would fully model incentive problem
- Let's focus instead on a simple change:
  - The originator due to moral hazard gives more credit than he ought to
  - Borrower given credit up to  $y-1/d + k$

# Rational Borrowers



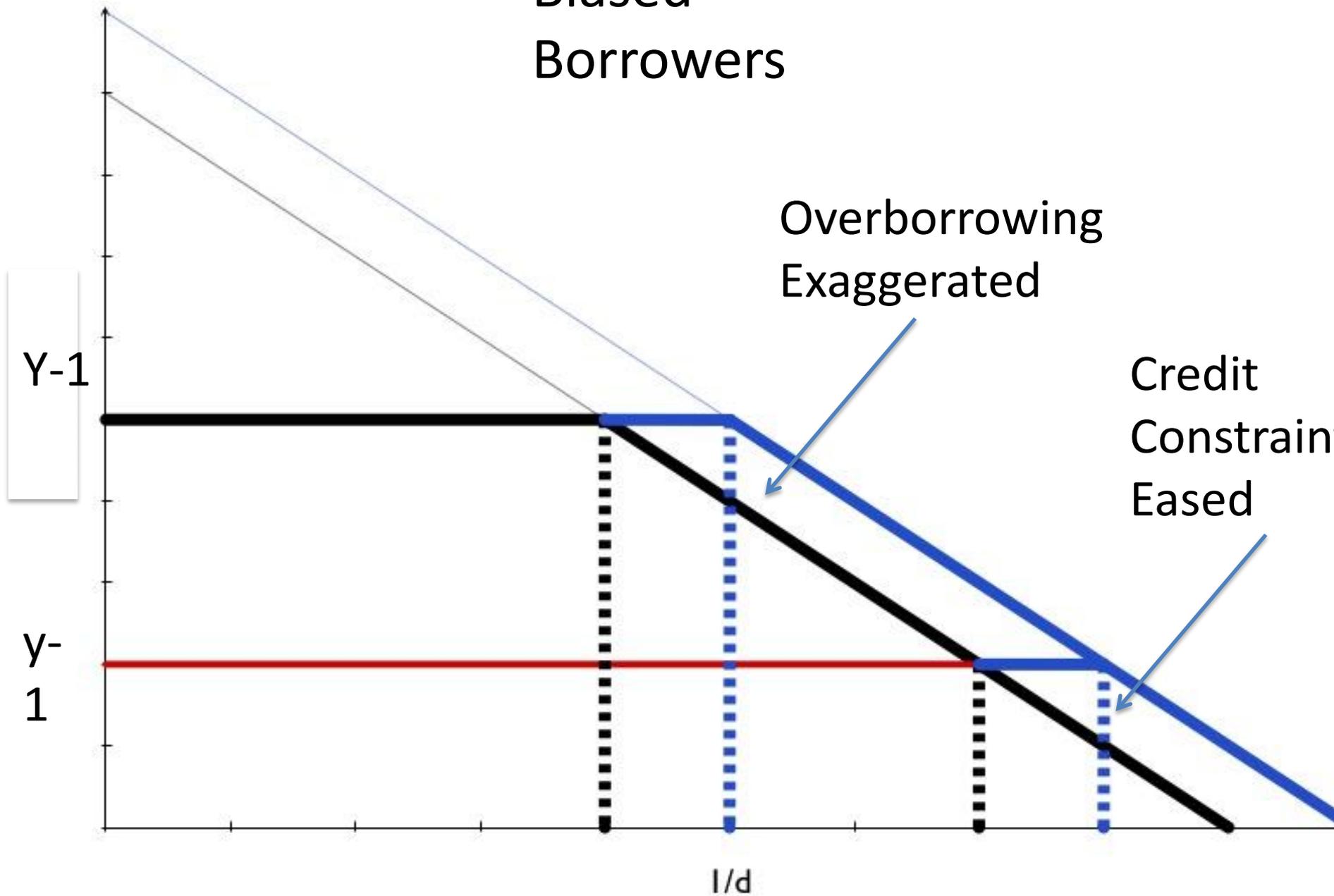
# Securitization

- Originator moral hazard
  - Perverse incentives on loan quality
  - Greater incentive to give out high default loans
- An effect on securities purchasers
  - For  $d < 1$ , loans earn negative profits
  - Standard effect: pecuniary externality
  - They will trade off moral hazard against other benefits (e.g. diversification)

# Securitization

- As far as borrower is concerned it is welfare enhancing
- Key cost of securitization (unmodeled here) is higher default rate
- But this is a pecuniary externality that loan owner would be contracted away (traded off against other gains)

# Biased Borrowers



# Securitization

- Originator moral hazard
  - Perverse incentives on loan quality
  - Greater incentive to give out high default loans
- An effect on securities purchasers
  - Standard effect: pecuniary externality
  - They will trade off moral hazard against other benefits (e.g. diversification)
- An effect on homeowners
  - Less of the internality is externalized
  - Overborrowing is exaggerated

# The Mortgage Crisis

- Borrowers take loan to buy house
  - They must forecast how much home they can afford
  - Bias here is in borrower buying too big a home
- Securitization facilitated subprime borrowing
  - Expansion of credit
- In this view downside of expansion of credit
  - Borrowers could have been made worse off
  - No check on borrowers' natural bias

# Some observations

- Different picture if borrowers were *unbiased*
  - Would have provided second check on foreclosure/default
    - Especially for first time purchases, not as clear for refinance
- Securitization can change relationship between default rates and borrowers own skin in the game
- Micro model of  $Y$  (the error) could produce a feedback effect
  - Wtp for homes could depend on housing price trajectory

# Student Loan Market

- Students must estimate value of schooling
  - Potential for bias here is clear
- Government covers 90% of the loan. Remaining 10% comes from another lender
- Note: Subsidy by government has perverse effect
  - Lowers incentives and thereby can worsen schooling choices
  - As with securitization, a different consequence than in traditional model

# Another Effect

- Who provides the 10%?
- Two kinds of players:
  - Independent third party lender
  - The school itself

# Bundling

- When the lender is also a seller of the good purchased with the loan...
  - Greater willingness to lend (at higher default)
  - Exactly as in securitization case
- Can exaggerate over-borrowing
  - In a richer model, would produce worse schooling choices
- Data suggests that students borrowing bundled loan have much higher default rates
  - Some suggestive evidence that they may be making “worse” choices
- Other examples:
  - Buy here/pay here

# Take Up Example

- Individuals fail to take up many government programs for which they are eligible
- Two examples:
  - College financial aid
  - Earned income tax credit
- Data suggests that both of these failures are at least partly behavioral
  - Bettinger et. al. - FAFSA
  - Bhargava and Manoli: EITC
  - Reducing “hassle costs” of take-up increases take-up

# The Role of a Tax Preparer

- Program to sign up for
  - Benefit  $b$  tomorrow. Cost of sign up  $c$  today
- Utility  $b - c > 0$ 
  - Myopic agents underweigh future benefits
    - Act as if  $\beta < b$
  - Internality:  $b - \beta$ . Those with  $\beta < c$  don't sign up

# Internality Externalized

- Tax preparer could offer upfront payment
- Would remove the internality
- Refund anticipation loan

# When does this work?

- Tax preparer able to charge individuals *directly from the EITC refund*
  - Their profit depends on the internality (the benefit) and they can capture some of it
- This is only feasible because the government allows tax preparers to direct deposit refunds into their account

# Rethinking Refund Anticipation Loan

- Traditional argument against
  - High interest, expensive loans
  - “Exploit” customers (we would say catering)
- This model suggests important twist
  - Limiting refund anticipation loans would *reduce* enrollment incentives for tax preparers
  - There is now a tradeoff

# Rough Data

- The time series suggests an increase in EITC enrollment
- Correlational data suggests tax preparers are correlated with sign up
- Anecdotal evidence suggests outreach efforts high

# Contrast with Financial Aid

- No direct way for the tax preparer to benefit from this
- Unlike EITC payments, the tax preparer cannot move the benefits up in time
  - No way to capture financial aid payments
- We see little effort by tax preparers to sign people up at scale

# Take Up of Benefits

- Sign up by employers
- Sign up on Medicaid by hospitals

# Other Policy Lessons

- Make subsidies “capturable” by firms
  - Example: Tax subsidy to 401(k) or IRAs
- Can sharpen targeting
  - Slight tweak to CAFE standards
- Create third party incentives
  - Example: Positive healthy behaviors.
  - Why on individuals and not on *insurers*?

# Policy Approach

- Broad Implication:
  - Can correct externalities in a Pigouvian way
- Identify ways to incentivize firms with proxies for the externality
- Compare to the “nudge” approach
  - Governments create psychologically motivated policy levers (“nudges”) to debias
  - Problem: Firms can often nudge back
    - If the profit motive remains unchanged, firms can sometimes (often) work around nudge